



Company _____ Job Name _____ Date _____

Weekly Tool Box Talk: **Preventing slips, trips and falls**

Preventing slip, trip and fall incidents isn't just good practice, it's the law. There are quite a few OSHA standards that apply to slip, trip and fall prevention; 29 CFR 1910 Subpart D covers walking-working surfaces for general industry. Because slips, trips and falls have numerous causal factors, various OSHA regulations may apply to different industries. CFR 1910.22 "General requirements" specifies that: • all areas of employment should be kept clean and sanitary • the floors shall be kept clean and dry and where wet processes used, • they shall be kept as dry as practical • aisles and passageways shall be kept clear and in good repair • permanent aisles and passageways shall be marked.

Here are some simple ways to reduce your risk of a slip, trip and fall incident:

- Practice good housekeeping – keep work areas clean and free of spills or debris, clean or draw attention to spills immediately and clean up or report any debris as soon as practical
- Wear proper footwear – anticipate environmental conditions (ice, snow, rain) and working environment, use footwear that reflects these conditions
- Change light bulbs as needed – report flickering or burnt out lights to ensure properly lit workspaces
- Use a flashlight – if you will be walking through or working in a dim environment, bring your own source of light to help you identify hazards
- Be a cautious carrier – don't carry a load that will obstruct your view while walking and make sure that you have a clear walkway to utilize before picking up large objects
- Take your time – if you anticipate slip or trip hazards, walk with caution and make wide turns at corners
- Learn to walk - adjust you walking speed and pace that is suitable for the walking surface, use rails or other stable objects to help you balance, walk with your feet pointed slightly out, keeping your center of balance under you and use your feet as probes to detect possible slips and trip hazards

Follow this simple rule to reduce slips, trips and falls at home and in the workplace:

If you drop it, pick it up. If you spill it, wipe it up. Look where you are going, and go where you are looking.

Safety Recommendations: _____

Job Specific Topics: _____

M.S.D.S. Reviewed: _____

Attended By: _____